

## Congress Program

Wednesday, June 5, 2019

19.30	<p><b>Greeting and Opening of the Congress</b></p> <p><b><i>Rolf Senst</i></b> Vice-Chairman APS</p> <p><b><i>Bischof Dr. Franz Jung (to be confirmed)</i></b> Diocese Würzburg</p> <p><b><i>NN</i></b> für die Stadt Würzburg</p>
20.00	<p><b>Opening Presentation</b></p> <p><b><i>Martin Grabe</i></b></p> <p><b>Linked! Connected! Caught?</b> <b><i>Psychotherapy and Counseling in a Digitalized-World</i></b></p> <p>This opening presentation serves to introduce the topic and to create a sensitivity for the relevance of the congress topic.</p> <p>We are on the way to „homo digitalisatus“. The digital technology serves us initially, but - mostly without realizing it - we also adapt to it. Alone the cellphone has become indispensable and has greatly changed habits in life. It allows communication through many channels, makes the lexicon unnecessary, can make films and calculate. While we carry it with us at all times, almost like a body part, an unbelievable amount of data is being collected in the background. What consequences does this digital integration have on our lives, our relationships and our definition of freedom? What are the opportunities and the dangers? Which special problems and challenges does the psychotherapy and counselling have to deal with?</p>

Dr. med. Martin Grabe, Psychiatrist and Psychotherapist, is the medical director in the Klinik Hohe Mark in Oberursel und Chairman of the Academy für Psychotherapie und Counselling (APS). He is married, has four children and lives in Kronberg in Taunus. Teaching assignments in Master Studies in the subject of Praktical Theology.

Books, etc: „Wie funktioniert Psychotherapie? Ein Buch aus der Praxis für alle, die es wissen wollen“ (new) (How does Psychotherapy function? A book about the practice for all who want to know), „Lebenskunst Vergebung“ (The Art of Living - Forgiveness), „Die Alltagsfalle“ (The Daily Life Trap), „Wege aus der Trauer“ (Ways Out of Grief), „Zeitkrankheit Burnout“ (Sickness of the Time - Burnout). Copublisher of the magazine: Zeitschrift P & S, Magazine für Psychotherapy and Counselling.

Thursday, June 6, 2019

8.30	Morning Devotion and Music <b>Mihamm Kim-Rauchholz</b> and Hohe Mark-Band
9.00	Break
9.15	<p><b>Helmut Roderus</b></p> <p><b>Artificial Intelligence, Virtual Reality and Further Possibilities of Digitalization</b></p> <p>Die effects of digitalization are present today in nearly all areas of life – and, just the same, the digital transformation from the viewpoint of professionals has just begun. It will bring numerous far-reaching and, unimaginable from today’s view, disruptive changes. This presentation begins with the actual status of some of the influential technologies of digital change, and describes their future possibilities of application and effects, e.g. virtual reality, artificial intelligence, machine learning and social media. It should lead to a critical debate that does not stop with negative future scenarios, but rather leads to an active and constructive debate on the digital change. Prof. Dr. Helmut Roderus is Professor of Media-Informatic und founding dean of the Fakultät of Media at the „Hochschule für angewandte Wissenschaften“ in Ansbach.</p> <p>Born in 1959, married to Ursula Roderus, four children. Together with his wife Ursula, the founder and a board member for over 20 years of Nestli e.V., a Christian Consulting- and Seminar Work in Bechhofen.</p> <p>Student advisory council at Institute for Christian-orientated trauma support</p>
10.30	Break
11.15	<p><b>Harald J. Bolsinger</b></p> <p><b>Ethics of the digital world: Why it possibly happens!</b></p>

	<p>Wherein do the ethical foundations of digitalization lie and which ideological influences are behind the common statements about digitalization and Big-Data?</p> <p>Harald Bolsinger's presentation points out „Why it possibly happens!“. On the basis of the historical-philosophical foundation of the present digitalization, he looks into the question to what extent the prophecies of the digitalization-evangelists follow a reductionist world view. On the basis of the dangers that could result from this viewpoint, concrete values are suggested as to how one can handle the digitalization in a people-oriented manner. The demonstrated set of values prepares the basis for a broad discourse for dealing with digitalization, Big-Data &amp; Co.</p> <p>Prof. Dr. rer. pol. Harald J. Bolsinger, born 1973, is occupied with sustainable corporate management and value management, as well as fundamental questions relating to economy- and business ethics. The business ethics specialist from Würzburg has gathered extensive experience in company customer service distribution in the cooperative bank sector as well as economic development promotion for the city of Nürnberg and in independent management consultancy. He is active in numerous initiatives for the promotion of sustainable management, management responsibility and Christian values in business life. Bolsinger taught in various institutes and is presently Dean of the Faculty for Economics for Applied Sciences Würzburg-Schweinfurt (FHWS).</p>
12.30	Noon break
14.30	<p><b>Wolfgang Stock</b></p> <p><b>Post-truth Thinking and Decisionmaking</b> <b><i>The Formation of Opinion in the Internet and Manipulation</i></b></p> <p>It is bad enough that our memory is fallible – in „post-truth“ times even reality is manipulated. Power-hungry people, conventions and powers find our emotional targets with „Big Data“ and manipulate us – not only on Facebook and Twitter, but also through modern technology, even with the use of remarkable „real“ distorted filmrecordings. What happened to „truth“ that philosophers have struggled to recognize for thousands of years? And how can we protect our identity (and help our children develop an</p>

	<p>individual identity), how can we make our „own“ decisions if we are manipulated all around us?</p> <p>Prof. Dr. phil. Wolfgang Stock was in a leading journalistic function for almost two decades (FAZ, Berliner Zeitung, Focus, Welt am Sonntag), and subsequently he had his own agency as a Communications Consultant for large organizations (among other things the initiator of the weekly video-podcasts for the German Chancellor). He is especially interested in Social Media. Stock studied History and Political Science in Würzburg, as well as International Relations in Oxford (also PhD). 2004/2005 he was substitute professor for journalism at the Justus-Liebig University Gießen; as well, he was professor at the Gustav-Siewerth-Academy (Bierbronnen) and temporary lecturer at the Europa-University Viadrina (Frankfurt/Oder) and the Alice-Salomon-Hochschule Berlin, since 2016 he has been teaching at the IST-Hochschule for Management (Düsseldorf). He is author of several books (including the first biography of Angela Merkel in 2000).</p>
15.45	Break
16.30	<p><b>Eberhard Freitag</b></p> <p><b>Between Fascination and the Loss of Control: Challenge „Media-Dependence“</b></p> <p>The „digital umbilical cord“ provides us nowadays with dependable and emotional nutrients in every location and at any time. As a result, Social Media, computer games and cyber-sex-offers compensate (accurately targeted) for deep human needs and serve desires, and, so to speak, serve as psychiatric prosthesis. The regular immersion in display screen realities can develop into a powerful momentum of its own – at times with very problematic consequences for the body and for life. In the diagnostic assessment „new“ addiction phenomenon must be more strongly taken into consideration in the future, and also the development of action strategies for the prevention, consultation and therapy. Suggestions from the practice for the practice.</p> <p>Eberhard Freitag, educator, systemic consultant, male nurse, married, two daughters. Together with his wife Tabea Freitag, he founded the return-Fachstelle Mediensucht in 2008 in Hanover, which they still lead together.</p>

	<p>He is a founding member of the association Medienabhängigkeit e.V. (Media-dependency).</p> <p>He will moderate the discussion after the presentation together with his wife Tabea, who works as a psychological psychotherapist, and also has her own practice.</p>
	<p><b>Free evening</b></p> <p><i><b>An offer to get to know our host-city Würzburg:</b></i></p> <p><b>Guided Tour of the City</b> Once again we are organizing an exciting guided city-tour for anyone who might be interested. It begins at 18:30 at CCW. Cost: approximately 8.00€, to be paid at the onset of the tour. You will eventually receive more detailed information.</p> <p><b>Visit to the „Würzburger Weindorf“ (Würzburg Wine-Village)</b> The 33. Würzburg Wine-Village takes place at the same time as our congress! The wine fest on the upper and lower Marketplace. The 12 hosts do everything so that their guests can experience the finest of the Frankish Festculture. Groups can reserve a table on the following website: <a href="http://www.weindorf-wuerzburg.de/weindorfwirte">www.weindorf-wuerzburg.de/weindorfwirte</a></p>

Friday, June 7, 2019

8.30	Morning devotion and music <b>Mihamm Kim-Rauchholz</b> and Hohe Mark-Band
9.00	Break
9.15	<b>Seminarblock A</b>
10.45	Break
11.30	<b>Seminarblock B</b>
13.00	Dinnerbreak
14.30	<b>Seminarblock C</b>
16.00	Break
16.45	<b>Seminarblock D</b>
18.15	Break
20.00	<p><b>Culture Evening and Encounter with Dieter Falk &amp; Band</b> <b><i>Toccata: from Bach to Pop</i></b></p> <p><i>„It has been a long time since one has heard classical music in this way.“ (Welt am Sonntag)</i></p> <p>Dieter Falk &amp; Band live with „Toccata: from Bach to Pop“; this celebration - or one might want to say party – to honour the possibly most important protagonist in the history of church music is very close to the heart of the band. Performing are Dieter Falk, one of the most successful German musicians, composer and producer, as well as his 24-year-old son Max (drums and percussion), Christoph Terbuyken (Bass) and Samuele Frijo (keyboard).</p> <p>In their stage show, Dieter Falk &amp; Band play the most familiar „Hits“ from J.S. Bach, as well as the unforgettable chorals from Paul Gerhardt and Martin Luther in a rousing mixture of pop, rock, classical and jazz.</p> <p>An exciting, interactive concert with songs and grooves from three centuries in which the listeners' vocal cords and laugh muscles are „stressed“.</p> <p>Dieter Falk is credited with five ECHO-nominations and over 20 million CD sales. The former church musician and music professor on the Robert-Schumann Musik Institute Düsseldorf was honoured in 2012 as „Pianist of the Year“ (German Federation for Piano) and numerous times as „Keyboarder of the Year“ (Fachblatt Musikmagazin). In 2017 his Pop-</p>



	<p>Oratorium „Luther“ was a great success, with 30,000 singers and 200,000 guests and many more television viewers. The admission is included in the congress fee! You can feel free to purchase further tickets for friends or family for €12.-.</p>
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Saturday, June 8, 2019

8.30	Morning devotion and music <b>Mihamm Kim-Rauchholz</b> and Hohe Mark-Band
9.00	Break
9.15	<p><b>Christine Knaevelsrud</b></p> <p><b>Digital Media in Psychotherapy</b></p> <p>Christine Knaevelsrud</p> <p>The development of the internet as a means of mass-communication is accompanied with a broad spectrum of internet-based therapy-, consulting- and psychological supply of information.</p> <p>A large number of meta-analyses points to conventional psychotherapies comparable to the high effectiveness of an online-therapy. In European countries the internet-supported psychotherapy is already an integral part of the normal care system. The goal of this presentation is to convey an overview of the effectiveness of the previous internet-supported interventions, to shed light on the special features of the therapeutic contacts and, with reference to the concrete cases, to present examples for the procedures of an online-therapy. The potential and the limitations of an online-based-therapy will be discussed.</p> <p>Prof. Dr. Christine Knaevelsrud, Professor for Clinical-Psychological Intervention at the Freien Universität Berlin; Studied psychology in Amsterdam/New York City; PhD in Zürich, Psychological Psychotherapist; Main research points: Disturbance-effects of Trauma, Possibilities for the use of digital media in the psychotherapeutic care.</p>
10.30	Break
11.15	<p><b>Matthias Clausen</b></p> <p><b>„I post, so am I someone?“</b></p> <p><b>Digitalisation from the Perspective of Theology</b></p>

	<p>Social magic words require clarification: „Digitalisation“ can mean a lot of things, can mean the triumphal march, the automation and networking of work processes, the rejection of analog media, the change of communication habits, the spreading of social networks etc.</p> <p>As a result, neither conspiracy theories or blind progressive optimism are needed from the theological perspective. Digitalisation creates enormous chances, especially in missions; it relieves a lot of work and creates (potentially!) time for other more important things.</p> <p>But it also entails risks, can make conversations and deeper reflection more difficult. How can one deal with the chances and limitations in a well-informed manner? That requires knowledge, pleasure in technology, composure, self-confidence and a clear vision for the appropriate spiritual priorities.</p> <p>Prof. Dr. Matthias Clausen, Karl Heim-Professor for Evangelisation und Apologetics in the Ev. Hochschule TABOR in Marburg and Theological Speaker for the Institute of Glaube (faith) und Wissenschaft (Science) (IGUW).</p> <p>He speaks in all of Germany, especially in institutes. He was born in 1972, is married and has three children. Special interests: Coming into conversation with people who have a cautious and skeptical view of faith.</p>
12.30	<b>Closing</b>
12.45	<b>End of the congress</b>